# "GARDENING" (INDOOR) AT **HARRISON HOUSE**

Our Annual "Indoor Gardening Session" happened! Residents had fun planting away. Residents will nurture these plants throughout the winder and come springtime, we will be planting them outside in the courtyard.



# **DECEMBER BIRTHDAYS**

In astrology, those born from December 1-21 is Archers of Sagittarius. These Archers are philosophical seekers of knowledge who love traveling to new places to absorb new cultures. Those born from December 22-31 are Capricorn's Goats. Patience, perseverance, and dedication help Goats climb to the highest of heights. Their drive to the top makes them excellent partners and collaborators.

Florie Killinger – December 8th Bob Lasak - December 9th Dick Beck - December 9th Richard Cardoza - December 13th Pat Cardoza - December 18th Bill Thomas - December 19th Joyce Kucera – December 26<sup>th</sup>

#### **FUN FACT!**

If you live in the Northern Hemisphere, you'll see the least amount of daylight during December. Winter Solstice in December is the year's shortest day in terms of daylight hours. That specific day can give as many as six hours less sunlight than the longest day that occurs in June depending on where you live.



December 2022

# Harrison Happenings

Harrison Senior Living | 300 Strode Avenue | E Fallowfield, PA 19320 | 1-610-384-6310

## **CELEBRATING DECEMBER**

FROM THE OFFICE OF THE **EXECUTIVE DIRECTOR** 

As I look back on this year, I think about all the things I am grateful for, such as getting to meet new residents and families, and being able to celebrate the 50th year our company has been in business with a successful Art Show. Coming out of Covid has made me a strong person and I value life more each day. We will miss those who have passed away this year and remember how special they were and how they touched our lives. Our lobby and dining rooms got remodeled and look beautiful. I look forward to continuing to update parts of the building for your enjoyment. Wishing you a Very Merry Christmas filled with love,

peace, and joy!

God Bless, Jeanne Bryan

# **ENJOY SOME OF OUR 50<sup>TH</sup> ANNIVERSARY PICTURES!**













A wonderful time was had by all. We are so proud!!

## **JOKE OF THE MONTH!!**



What do you call Santa when he stops moving? Santa Pause.



### **CHRISTMAS RECIPE!!**

#### **EASY CINNAMON SUGAR PECANS**

Looking for holiday part food and snack ideas? These candied pecans are so easy to make in the oven! They are the BEST little snacks for parties, Christmas, or any time of the year when you are craving a crunchy sweet treat!

## Ingredients

1-pound pecans (and/or almonds)

1 cup sugar

1 tbsp ground cinnamon

2 tsp vanilla extract

1 egg white

½ tsp salt (or your preference)

2 tsp water

#### **Instructions**

- 1. Preheat oven to 250 degrees.
- 2. Line a baking sheet with parchment paper or non-stick foil.
- 3. Mix the sugar, cinnamon, and salt in a large Ziploc bag.
- 4. Whisk the egg white, vanilla, and water with a fork in a large bowl until frothy.
- Add the pecans (or almonds) to the egg white mixture and stir until they are well coated.
- Pour the pecans into the Ziploc bag, seal and shake until well coated with your cinnamon/sugar mixture.
- 7. Spread them out on your prepared baking sheet into a single layer.
- 8. Bake for 1 hour, stirring every 15 minutes.

# AMERICANS WILL CELEBRATE ANYTHING!!

12/02 – National Bartender Day

12/08 - National Brownie Day

12/15 – National Cupcake Day

12/17 - National Maple Syrup Day

12/18 – Answer the Telephone Like Buddy The Elf Day

12/16 - National Ugly Sweater Day

12/22 - National Short Person Day

12/28 - National Download Day

12/30 - National Bacon Day

Just to name a few!!



# ACTIVITY HIGHLIGHTS FOR DECEMBER - DON'T MISS OUT

Entertainment – Karl Hausman – Dec 1<sup>st</sup>
Christmas Caroling – Dec 5<sup>th</sup>
Encore Christmas Performance – Dec 5<sup>th</sup>
"Ride Rover!" - Dec 8<sup>th</sup>
Shannon Cooper's Dance – Dec 10<sup>th</sup>
Herr's Lights Trip – Dec 12<sup>th</sup>
Entertainment – Steve Ritrovato – Dec 15<sup>th</sup>
Harrison House Bake Sale – Dec 16<sup>th</sup>
Cub Scout Troop 219– Dec 17<sup>th</sup>
HH Resident Xmas Party – Dec 23<sup>rd</sup>
Strong Faith Church Group – Dec 24<sup>th</sup>
Birthday Bash – Dec 28<sup>th</sup>
New Year's Eve Social – Dec 31<sup>st</sup>

<u>Ugly Sweater Contest</u> – Judging to be done on December 23rd at the Resident Christmas Party.

<u>Door Decorating Contest</u> – Decorate your door and it will be judged on December 16th.

#### **DECEMBER IS UGLY SWEATER TIME!**

Sweater weather is finally here, and there are plenty of holidays to prove it. The International Sweater Festival, a day that encourages you to rock a sweater vest, falls on December 3, and Ugly Sweater Day follows on December 16. So, dig deep into the moth-ball-ridden corners of your closet and sport that sweater you promised yourself you'd never wear again.



When it comes to ugly sweaters, many will point the blame to *The Cosby Show*'s Cliff Huxtable, the undisputed king of ugly '80s sweaters. But the first ugly sweater party was held at the

Commodore Ballroom in Vancouver, British Columbia, in 2002, hosted by Chris Boyd and Jordan Birch. Since then, ugly sweaters worn for both Christmas and Hanukkah have become a holiday tradition all their own. High fashion has caught on, with designers selling high-end ugly sweaters for hundreds, even thousands of dollars. Sleeved or sleeveless, ironic or earnest, ugly or tasteful—no matter what style you choose, sweater weather is here.

# NOTE FROM THE DESK OF OUR DIRECTOR OF RESIDENT SERVICES

This holiday season is a time to celebrate and enjoy the company of our families and friends. It is also a time to keep yourself safe by asking anyone that is not feeling well to visit at another time. Flu season is upon us and hitting many people very hard. When finding yourself in large crowds, consider putting on a mask as Covid has **not** gone away. Even if you have been vaccinated, it doesn't mean you will not get a strain of the flu or Covid. If you are under the weather, stay in your room and let staff know. Let's keep other residents well.

Stay Well, Stacy Yosko, LPN

## **DECEMBER BIRTHSTONES**



Tanzanite became a
December birthstone in
2002. No folklore info –
gem is too new!



Zircon comes in an array of colors. Known to wealth, wisdom, and good health!



Turquoise – keeps away evil spirits, brings good health and fortune!

#### **DECEMBER FLOWER OF THE MONTH**



